

# Sorry Part One

## Learning To Admit Our Mistakes

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### Introduction

**Read: Psalm 51:1-11**

1. "Sorry" is not always easy to say. Sometimes, we may simply say it, but it's not what we truly feel.
2. However, everyone makes mistakes! For us to be able to learn and grow from our mistakes, we've got to learn to recognise when we've messed up.
3. David was a highly respected man and known to love God, but he messed up morally and spiritually.
4. He hurt God and others with his mistakes, and there were even consequences on his own family.
5. He was only able to turn back to God and change after his mistakes because he learnt to admit his mistakes and stop making them.
6. In order for us to make an end to our mistakes, we need to learn to admit them.
7. In this lesson, we want to look at how we can start admitting our mistakes.

### I. Confess Our Mistakes

- A. David was confronted with his mistakes (2 Samuel 12:7-10), and confessed to them (v3).
- B. When we recognise our mistakes, confess them to the leaders over us.  
*Speak to our leaders, not to our peers or disciples, in order to be held accountable.*
- C. We can also confess our mistakes to the people we have harmed, in order to seek their forgiveness.
- D. Confess our mistakes as soon as we recognise them! The longer we wait, the less likely we will speak up.

### II. Own Our Mistakes

- A. David took responsibility for his mistakes (v4), and did not blame God or others for his actions.
- B. Be specific about what we have done wrong when admitting the mistakes we have made.
- C. Use "I" statements to take responsibility for our mistakes.  
*E.g. "I broke the jar", "I spoke out of anger carelessly", "I hurt you with my actions", etc.*
- D. Recognise the source of our mistakes is our own sinful nature.  
*Everyone messes up. We may have been provoked, but our response is our responsibility.*

*Temptation comes from our own desires, which entice us and drag us away. These desires give birth to sinful actions. And when sin is allowed to grow, it gives birth to death.*

- James 1:14-15

### **III. Change Our Response**

**A. When David admitted his mistakes, he also asked God to change his attitude and cleanse him (v10).**

**B. When we face similar situations in the future, we should be prepared with a different response than our previous mistakes!**

*We can look at God's word for instructions on how we should respond (Galatians 5:22-23).*

**C. Even though changing can be hard, we can ask God for help in changing.**

*Restore to me the joy of your salvation, and make me willing to obey you.*

- Psalm 51:12

**D. Share the change we want to make in our lives with others who can hold us accountable to our commitment!**

#### **Discuss!**

Connect Group Leader to facilitate sharing with the Connect Group members.

- *Share a mistake that you recently made, but recognise now that you were wrong. How would your response be different if a similar situation happens again?*

### **Conclusion**

1. All of us make mistakes, but we can only grow from them if we first admit them.
2. We admit our mistakes by taking ownership of them and confessing them.
3. As we change our response to certain situations, we truly learn from our past mistakes and become more like Jesus!

Prayer Points:

- Ask God to help us be honest about our mistakes.
- Ask God to give us the desire to change and learn from our mistakes.
- Pray for each other to have the discipline and strength to change our responses.

*\*Give opportunities for visitors to receive Christ and members to re-dedicate their lives to Jesus.*